

IDENTIFYING OUR JOURNEY

PURPOSE

Stimulate discussion providing an emotional understanding of each participant

PARTICIPANT OBJECTIVES

- To share in the understanding of each woman's expectations of belonging to the Sisterhood
- To provide an introduction to each woman's goals

PROCESS Welcome by host Welcome Introduction, sharing of good and welfare, purpose is to introduce each person to the group

- Explain that this meeting will help to ground everyone in the focus of what the Sisterhood should achieve
- Have each woman bring several magazines, tape or glue, scissors and paper to the meeting
- After an introduction, have the women make a collage by cutting out pictures from magazines to tell each woman's story of the journey they want to take through the Sisterhood

DEBRIEF

What does their collage communicate?

Explain the steps of your journey and what the end point is?

How easy will it be to get there?

Do you anticipate any challenges?