

TRADITIONS

PURPOSE

To reflect on traditions in the context of our daily lives

PARTICIPANT OBJECTIVES

To explore how various religious traditions have shaped our approach to faith

PROCESS

Welcome by co-leaders and host

Introduction, sharing of good and welfare, purpose is to discuss the significance of family influence on our personal faith practice

Bring in a photo of your family (this can include your family from when you were a child and your family today)

DIALOGUE

- How much influence has your family had on the way you live your life today?
- Who in your family has had the greatest influence?
- How has this evolved over time?
- What family practices/traditions, if any, have had the greatest impact on you, and why?
- What practices/traditions, if any, from when you were growing up, or your family, have you incorporated into your personal faith practices?
- Are there any practice/traditions that you have embraced that have influenced your family and their personal faith practices?
- Have you created any new practices that you want to pass on to others as new traditions? What are the significance of these?